



Website Terms of Use – MindReady Media

Last updated: 13 April 2026

Welcome to the MindReady Media website. By accessing this website you agree to the following terms of use.

About us

MindReady Media is the trading name of Amanda Jackson and Dr Rachael Macleod, who provide psychological consultancy, training, therapy, and advisory services to the media industry.

Use of this website

You agree to use this website lawfully and in a way that does not damage, disable, or impair the website or interfere with other users.

Professional information

Information on this website is provided for general informational purposes and does not constitute personalised psychological, clinical, medical, or legal advice.

Professional services are only provided where a formal agreement or contract has been established.

Intellectual property

All website content including text, branding, graphics, and materials belongs to MindReady Media unless otherwise stated. Content may not be reproduced or redistributed for commercial purposes without permission.

External links

This website may contain links to third-party websites. MindReady Media is not responsible for the content or privacy practices of external websites.

Limitation of liability

While we aim to ensure the accuracy of information on this website, we make no guarantees about completeness or accuracy and accept no liability for reliance on website content.

Mental health emergencies



This website is not monitored for urgent requests. If you require immediate help please contact emergency services or NHS mental health support.

Changes to these terms

We may update these Terms of Use from time to time. The latest version will always appear on this page.